



Brown, Crystal Arnal

1979-2019

By [Messenger Staff](#) | Published on November 09, 2019

Crystal Brown, 40, of Murfreesboro, Tenn., formerly of Decatur, passed away at home from a courageous battle with breast cancer Tuesday, Oct. 29, 2019.

Crystal was born in Simi Valley, Calif. She graduated from Decatur High School in Decatur and attended Weatherford College and Texas Woman's University.

She married her love, Jeff, April 19, 2003, and they grew their family to include sons Micheal, Matthew and Mason. Crystal's life revolved around being a wife and a mom and supporting her family in all their endeavors. Her favorite activities and ones you may have known her

from include The Blaze Barn at Blackman High School, The Launch Pad for Rockvale High School, Team Pregame meals and Friday morning O-line breakfasts at both Rockvale and Blackman high schools.

Crystal is survived by her husband, Jeff Brown; sons, Micheal (18), Matthew (16) and Mason (12); parents, James and Paige Arnal; mother Roxanne Arnal (Miller); brothers Clayton Arnal (wife Chelsey), James Arnal Jr. (wife Courtney), Joshua Arnal (wife Cassandra) and Nathan Yarroll; and nephews, Gabe, Conner, Grayson, Ian, Calvin, Aiden and Chase.

The celebration of Crystal's life will be 1:30 to 3:30 p.m. Sunday, Nov. 17 at River Oaks Community Church, 210 Rucker Lane, Murfreesboro, TN 37128. Crystal found such joy in being a Football Mom, so the celebration will be a time to show your school/team pride. Come dressed in your best spirit wear from your favorite team.

Crystal's family gives special thanks to their community for supporting their family through Crystal's fight. The meals, contributions, prayers and friendship helped them through this battle and meant the world to Crystal. As she would say, I love you more.

In lieu of flowers, please contribute in honor of Crystal to the following organizations: Making Strides Against Breast Cancer in support of the American Cancer Society; the Blackman Blaze Football Boosters; the Rockvale Rockets Football Boosters; or any breast cancer or youth sports organization that is close to your heart.